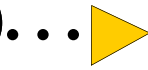


Me And My World

The first place to find people who support you is at home. Think of all the people, even pets too, who are closest to you. Put yourself in the centre.

Make a collage of drawings and pictures of the people and pets who are closest to you.



EXERCISE:

Put each person's name below their picture. Put yourself in the middle of the collage.

The collage template consists of a central square with a thick black border and the word "YOU" written in the middle. This central square is surrounded by nine other squares, each containing a different cartoon illustration of a person or pet. The illustrations include: a woman's face, a dog and a person, a woman wearing a hat, a person wearing a hat and sunglasses, a woman's face, a woman's face, a woman's face, a man's profile, and a woman's face.