

The Preadmission Clinic



Preadmission Clinic

4480 Oak Street, Vancouver, BC V6H 3V4
604-875-2345 • 1-888-300-3088
www.bcchildrens.ca

The Preadmission Clinic

The Preadmission Clinic is an outpatient clinic which prepares children for surgery. A visit to the clinic shortens your child's stay in the hospital.

Shortly after the doctor books your child for surgery, a unit coordinator from the clinic will call you. This person will set up an appointment for your child at the Preadmission Clinic. The clinic visit is normally scheduled for two to fourteen days before surgery.

If you are from out of town, your clinic visit will be scheduled for the closest weekday before your child's surgery. The clinic does not schedule appointments on Tuesdays and Fridays.

Fill in your clinic date here when the unit coordinator calls you:

Date: _____

Time: _____

The Clinic Visit

The clinic visit will take from 1 to 3 hours depending on the type of preparation required. You may bring a snack and something to keep yourself and your child occupied. The clinic is in a very small area. There are no childcare facilities. Please arrange childcare at home for your other children.

Where Is the Clinic?

Go to the 1st floor of BC Children's Hospital, Room 1D12.

A parent or legal guardian must come with your child.

On-site pay parking is available.

Please bring:

- your child's immunization record
- a list of medications your child takes
- your child's BC Health Care Card

What Will Happen at the Clinic?

Your child's weight, height, blood pressure and pulse will be recorded. The nurse will ask questions about your child's health. The anesthetist will examine your child and explain the anesthetic to you.

If your child needs to see any other health care professionals, we will arrange for this to happen on the day of the clinic visit. If the doctor has ordered any tests such as x-rays or blood tests, these will be done.

At the clinic you will be given information about the hospital admission and how to prepare and reassure your child.

Before you leave the clinic you must sign an informed surgical consent. You may have already have done this in the doctor's office. An informed surgical consent is a legal document which states that:

- the procedure has been explained to you and that you understand: the reason for the procedure
- what will be done
- the risks and benefits for your child.

When you sign, you give consent for the procedure to be done. Only a parent or legal guardian can give consent.

Places to Stay if You Are From Out of Town:

Please arrange your own accommodation. The following places are reasonable and close to the hospital. Please reserve early. There are some charges to stay at these places. Please call to find out what the current rates are.

Heather House

4500 Oak Street, 604-875-2298.
This hostel is on the hospital grounds.

Easter Seal House

3981 Oak Street, 604-736-3475.
This hostel is walking distance from the hospital.

Ronald McDonald House

4116 Angus Drive, 604-736-2957.
This facility is available only to families with a child who has a very serious medical condition – priority given to children with cancer and bone marrow transplants.

The closest hotel is the **Plaza 500** at West 12th Ave. and Cambie Street, 604-873-1811. A discount is offered to families of children who are patients at the hospital.

The Social Work Department, 604-875-2149, keeps a complete list of accommodations in the area (including private homes and bed and breakfast rooms/suites). Prices vary.

Please ask about the Sunshine Bundle package for your child. This includes a private or semi-private room and several other benefits, including free parking. The cost of this should be covered by your extended health coverage offered by your employer. For more information on accommodation choices or the Sunshine Bundle, please see our website at www.bcchildrens.ca/yourvisit.

If You Have Questions

Call the Preadmission Clinic, Monday, Wednesday or Thursday. It is open from 9:00 am to 4:00 pm (0900 – 1600 hours). 604-875-3447

Other Resources that may be helpful for you are:

- Your Child's Surgery or Procedure
- Helping Your Child Manage Medical or Surgical Procedures

These online pamphlets are available at
www.bcchildrens.ca/frl

Notes:

This image shows a full page of handwriting practice paper. It features multiple sets of horizontal dashed lines spaced evenly down the page, providing a guide for letter height and placement. The background is white, and there are no other markings or text present.