

Your CDBC Appointment

Physical Therapy



Intake

PT
Assessment

Family
Conference

Next Steps

Who should come to this appointment?

- Your child and caregiver(s) or parent(s). You may also bring a friend or relative as a support to you.

What will the appointment involve?

- An evaluation of your child's movement, coordination, balance and strength.
- Activities include: running, jumping, ball skills, balance and strength testing.
- Parent/caregiver questionnaires are used to gain further insight into your child's movement and coordination at home and in the community.

How long will the assessment take?

- Typically an assessment takes 2-3 hours.
- There will be the option to take breaks as needed throughout the assessment.

What should I bring to the assessment?

- Comfortable clothing that is easy to move in.
- Running shoes.
- Snacks, especially if your child has food allergies or intolerances.

What if I have questions before or after my assessment?

- Please contact 604-453-8313 and ask for your CDBC Case Manager who can put you in touch with the appropriate team member to address your questions.