

VOIDING DIARY

- **Write down the time that your child goes to the bathroom.** This helps us to keep track of your child's voiding habits.
- **Also write down the approximate amount voided.** Write the volume down as "small, medium or large."
- * **It is also important that you note whether your child was wet or dry when measuring their output.** Were the child's underwear dry or damp before they voided?
- **Please indicate when your child has a bowel movement.**

This voiding will help us to learn more about possible bladder problems. **The chart should be started at least three weeks before your visit to the urology clinic. We require three days, that are not in a row, of recordings.** You might want to do this over the weekend while your child is not at school, if it is more convenient.

IF YOU HAVE ANY QUESTIONS, PLEASE CALL THE UROLOGY CLINIC AT 604-875-2889.

*For more information about bladder habits, visit the "All About Peeing:" website at <http://www.yourchildshealth.echn.ca/kids.htm>