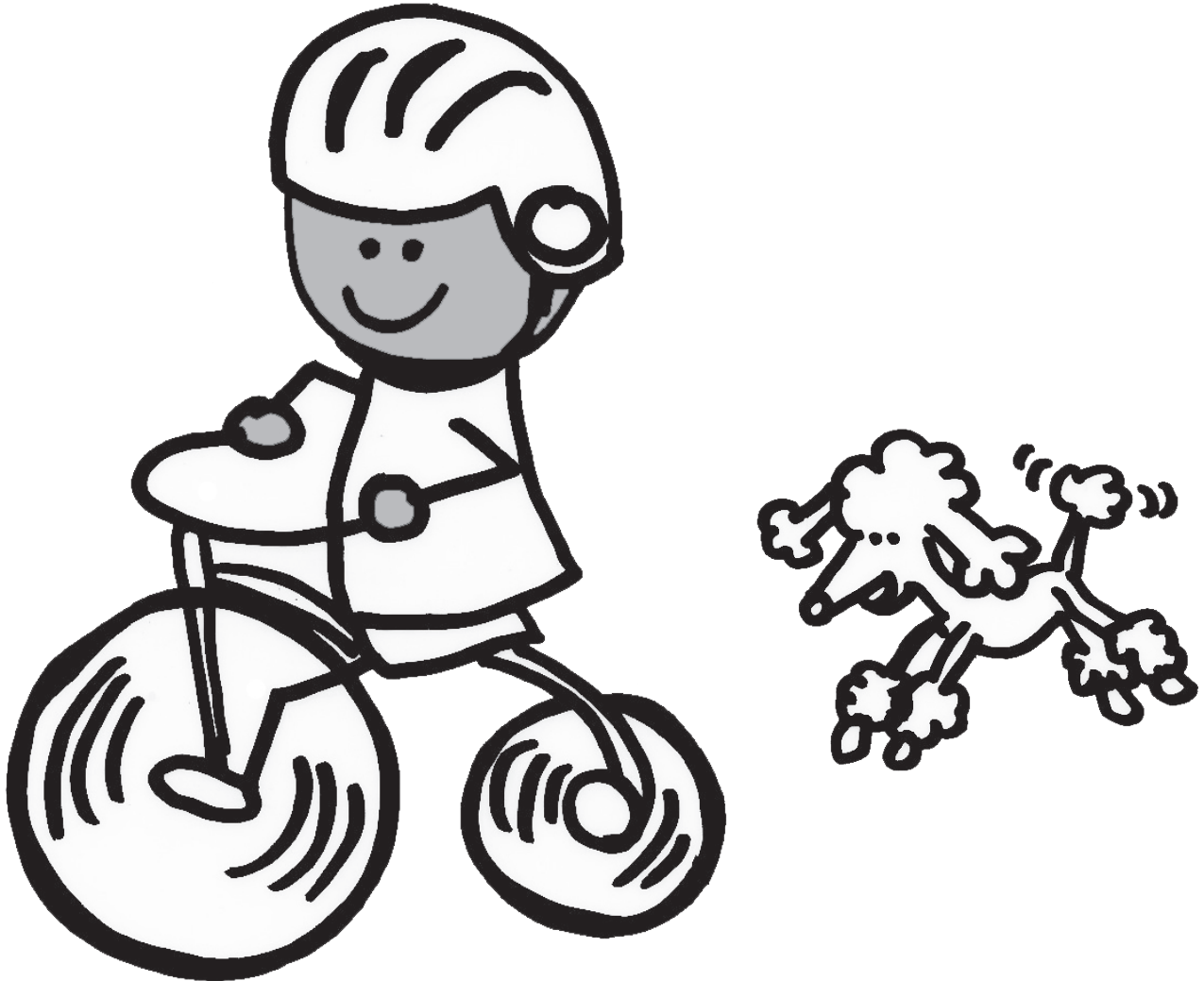


I have diabetes too!



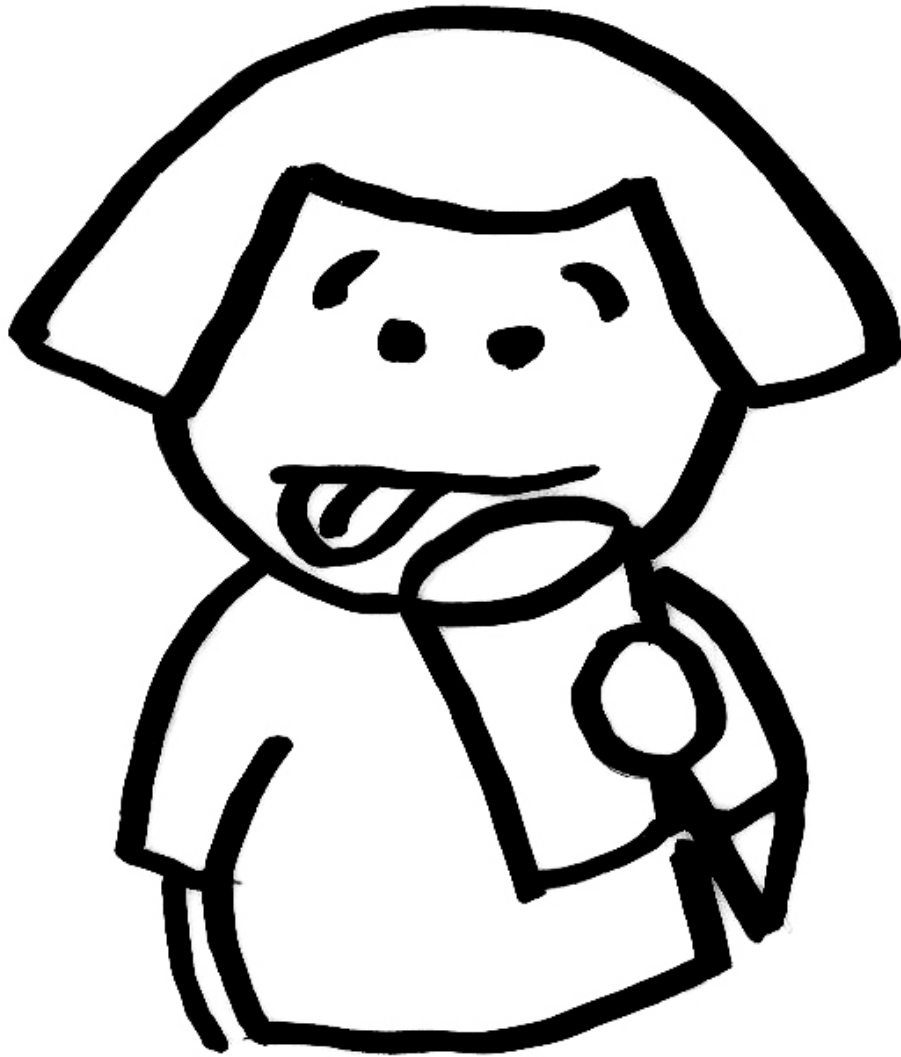
This colouring book belongs to: _____



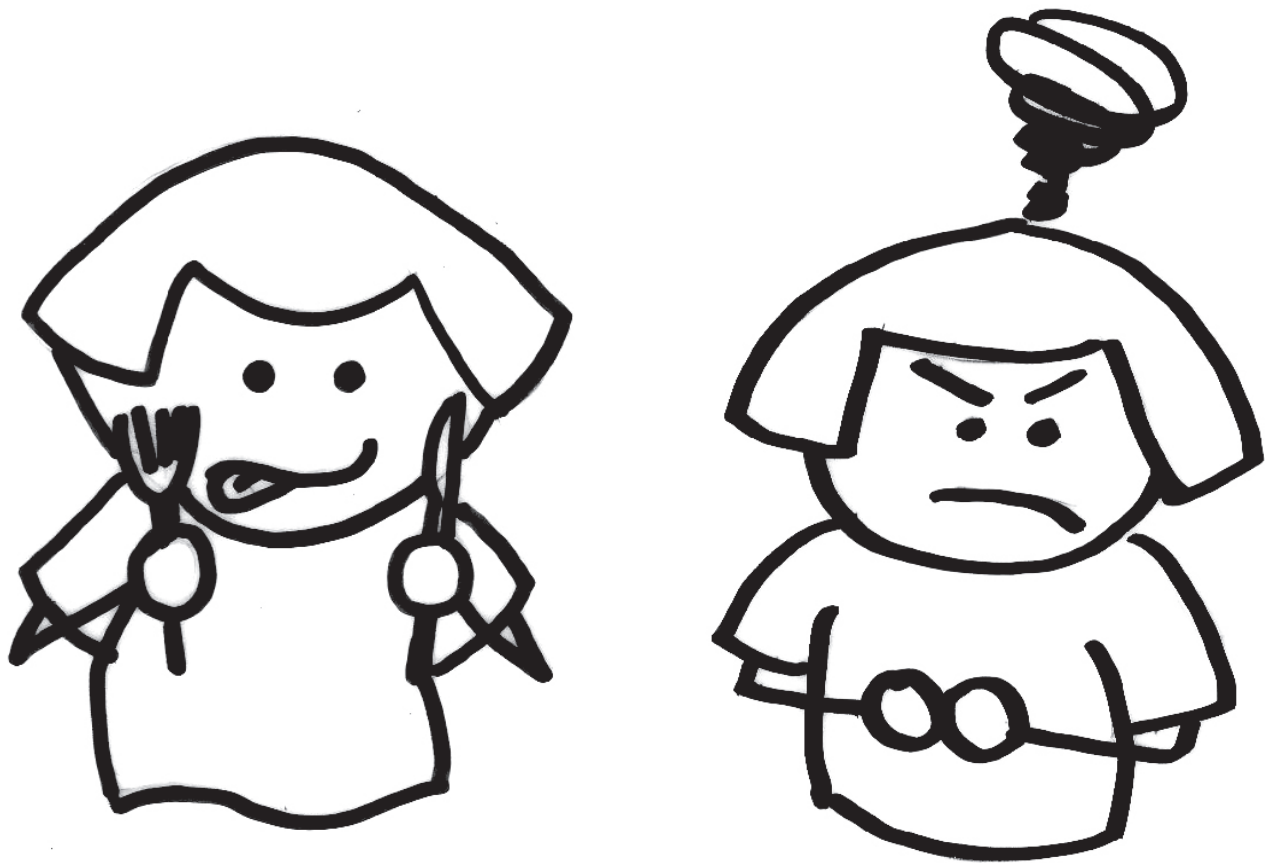
I feel good!



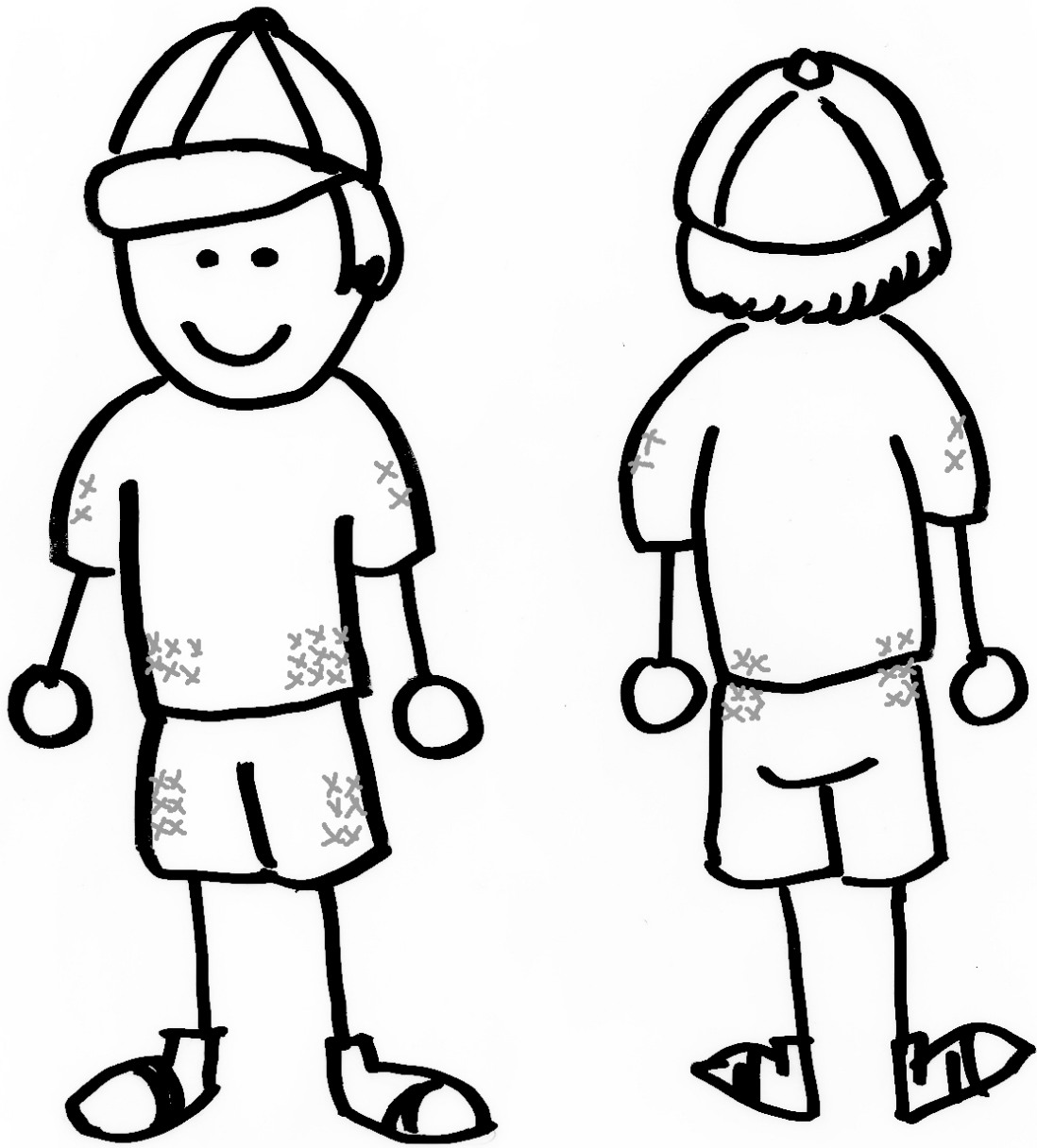
**I need insulin every day.
It makes me strong and healthy!**



**I get thirsty when my
blood sugar is high.**



**Sometimes I feel hungry and mad
when my blood sugar is too low.**

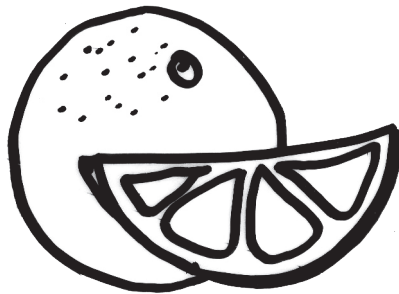
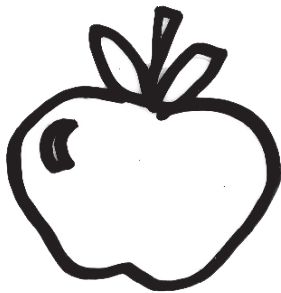
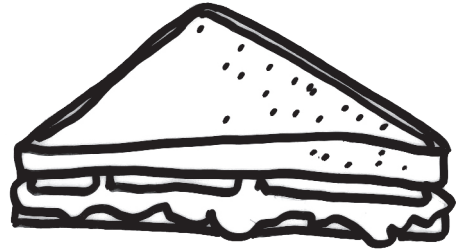


I get insulin every day.

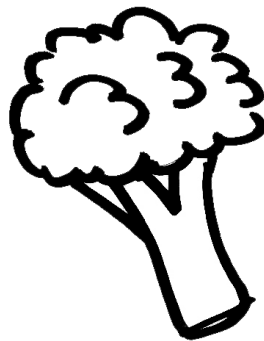
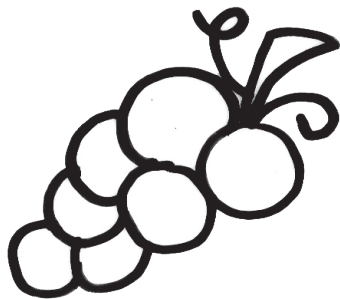
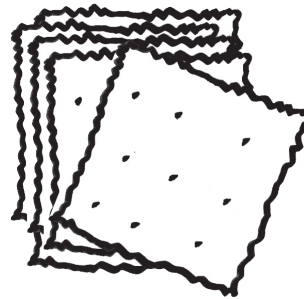
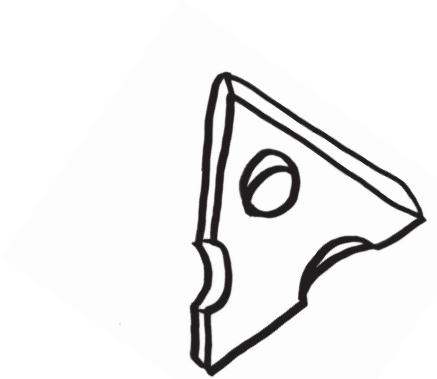
Choose a spot to give my insulin.



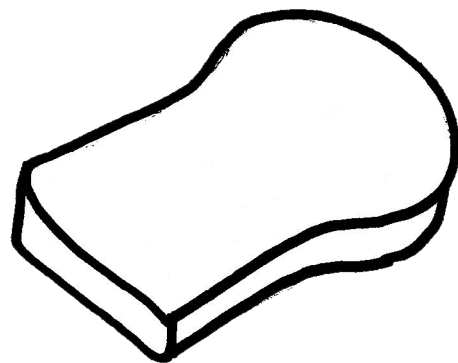
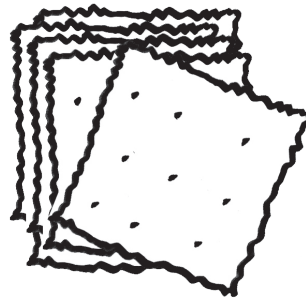
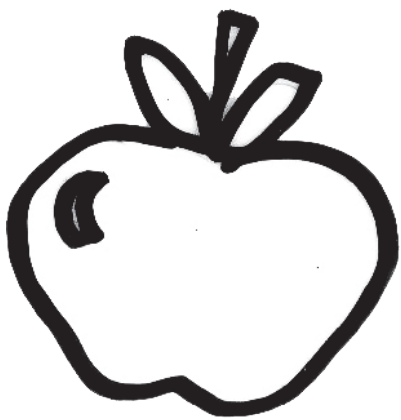
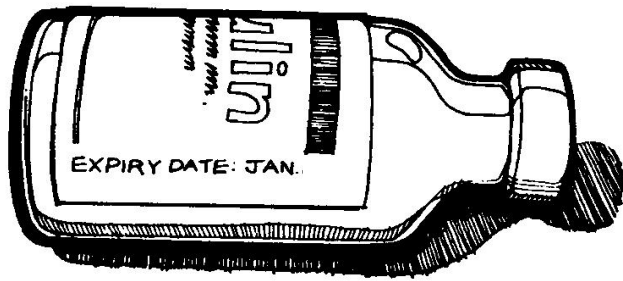
I eat a snack before I play soccer.



These foods make me grow.



Snacks are good for me.



Insulin and food give me energy.



**I ate my snack and I am ready
to play!**



An agency of the Provincial
Health Services Authority