

## IGF-1 NORMAL VALUES

**St. Paul's Hospital Assay: Roche Cobas e601 Method  
(as of August 12, 2019)**

BY AGE (nmol/L)		
AGE	MALES	FEMALES
0.0-1.0 years	12-95	15-90
1.0-1.9 years	12-95	19-105
2.0-2.9 years	14-105	26-128
3.0-3.9 years	19-116	35-155
4.0-4.9 years	27-134	43-185
5.0-5.9 years	36-156	53-216
6.0-6.9 years	47-184	63-250
7.0-7.9 years	57-216	75-286
8.0-8.9 years	67-254	87-324
9.0-9.9 years	77-296	100-363
10.0-10.9 years	86-343	112-398
11.0-11.9 years	94-392	123-427
12.0-12.9 years	101-434	132-451
13.0-13.9 years	108-467	140-468
14.0-14.9 years	115-489	146-480
15.0-15.9 years	120-500	150-485
16.0-18.9 years	125-500	155-485
19.0-21.9 years	135-450	150-450

To convert  $\mu\text{g/L}$  (or  $\text{ng/mL}$ ) to  $\text{nmol/L}$ , multiply by 0.1307