

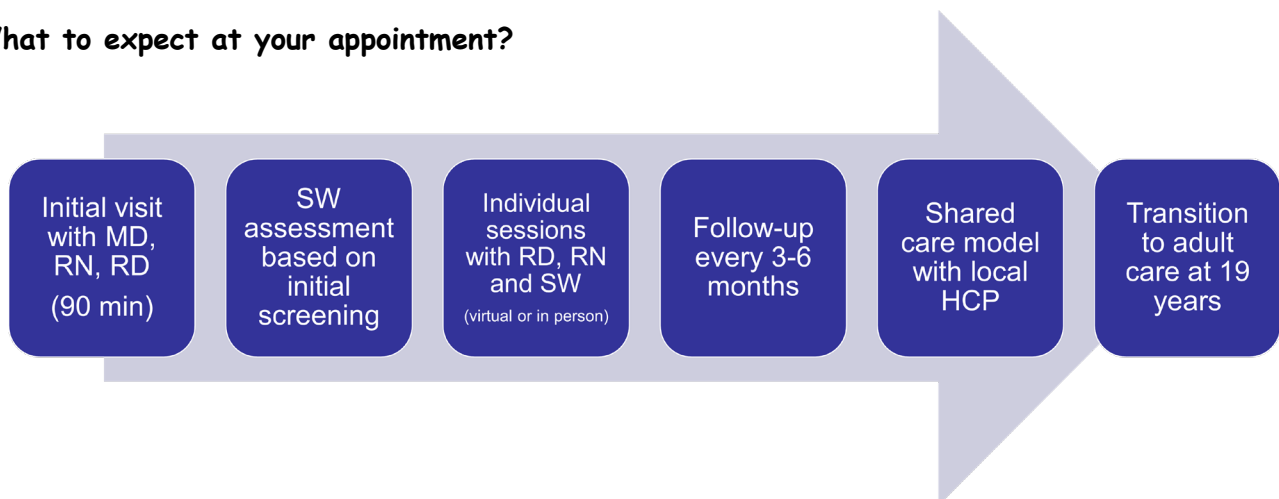
WELCOME TO THE T2D AND INSULIN RESISTANCE CLINIC!

You have been referred to the Type 2 Diabetes and Insulin Resistance Clinic at BCCH for support with managing or preventing diabetes. Our clinic is comprised of a team of doctors, nurses, dietitians, and social workers that work closely together to best support our patients' goals and to provide individualized care.

Our services:



What to expect at your appointment?



How can I get the most out of my appointment?

Please remember to bring:

- Any questions you might have for the team.
- Family members involved in cooking or shopping for food.
- Your blood glucose (sugar) meter, if your team or health provider has given you one.
- A blood glucose log, if your team or health provider has given you one.

Where are we located?

4480 Oak Street, Vancouver, British Columbia
Ambulatory Care Building, 2nd Floor, Area 12, Room K2-125

How can I reach my team?

- For appointment questions: call/email the Reception Desk Clerks at bcchdiabetes@cw.bc.ca or 604-875-2117.
- Questions for the Diabetes Dietitians: email endodietitian@cw.bc.ca.
- Questions about your medications (e.g., having side effects or any medical concerns related to diabetes): call/email Diabetes Nurse Educator at dcnurse@cw.bc.ca or 604-875-2868. They will speak with your Diabetes Doctor as needed.
- To obtain a prescription refill: Call your pharmacy to let them know and they will connect with your Diabetes Doctor to authorize a refill.
- For **emergencies** only: Doctor on Call; 604-875-2161. Times to call emergency line:
 - Severe low blood sugar requiring glucagon.
 - Support with medication doses during times of acute illness.
 - High blood glucose levels **and** ketones.

We want to hear from you! Participate in research and co-design of this program!

There is very little knowledge available on treating and preventing diabetes in youth. BC Children's Hospital is engaging with kids, teens, and their families to develop innovative, practical care pathways. We are creating a patient and caregiver advisory group to capture your voice. We have many local and national studies underway that may be of interest to you.

We look forward to being a part of your health journey!