

### Resources For Families and Caregivers:

- [Canadian Celiac Association](#) – Celiac Canada
- [Celiac Disease – The Gluten Connection](#) – Health Canada
- [Celiac Disease Information for Kids](#) – KidsHealth.Org
- [Gluten Free Resources](#) – Health Link BC
- [Patient Information: Celiac Disease in Children](#) – UpToDate

\*\*NOTE: It is important *not* to eliminate gluten until the diagnosis of celiac has been confirmed by your doctor \*\*

### Resources For Healthcare Professionals:

- [European Society Pediatric Gastroenterology, Hepatology and Nutrition Guidelines for Diagnosing Coeliac Disease - 2020](#)
- [NASPGHAN Clinical Report on the Diagnosis and Treatment of Gluten-related Disorders - 2016](#)

*Books from the [Family Support and Resource Centre](#) can be borrowed for free and are available to all BC residents. Books can be picked up in person, ordered online, or by phone. The books can even be mailed to your home at no cost.*

Disclaimer: The above resources are not meant to replace consultation with your health care provider(s). The inclusion of material on this page is not a statement of endorsement. The content has not been reviewed for its accuracy.