



Homemade Blenderized Formula Readiness Questionnaire

Prior to starting a homemade blenderized diet by G-tube it is important to have the tools and resources to prepare a safe and nutritionally balanced formula.

Parents/Caretakers - Please complete the following questionnaire:

- 1) I have discussed transitioning my child from standard formula to a homemade blenderized formula with my healthcare team and my child's physician is in support of the change.
A) Yes
B) No
- 2) I am willing to purchase (or I already own) a sturdy blender for preparing a homemade blenderized formula for my child. (Please note that many families choose to buy the Vita-Mix or Blendtec).
A) Yes
B) No
- 3) I recognize that there is increased work and time required to prepare a homemade blenderized tube feed compared to a commercial formula.
A) Yes
B) No
- 4) I recognize that there are increased risks of contamination and food-borne illness and am aware that homemade formula must be safely prepared and stored according to food safety standards. This includes not leaving homemade formula at room temperature for greater than 2 hours.
A) Yes
B) No
- 5) I recognize that when my child is medically unstable commercially prepared formulas may be necessary for metabolic, microbial and mechanical purposes.
A) Yes
B) No
- 6) I agree to work with a Registered Dietitian to ensure formula blends are nutritionally adequate and food safe.
A) Yes
B) No
- 7) My child is currently on bolus tube feedings by G-tube of his/her standard formula.
A) Yes
B) No

Note: Many families choose to purchase the "*Homemade Blended Formula Handbook*" by Marsha Dunn Klein for approximately \$40 as a resource.