

Resources For Families and Caregivers:

- [GIKids](#) – Information about Symptoms, diagnosis, treatment, and coping. Useful PDF handouts on medications, vaccines, and more.
- [IBD](#) – YouTube video by Doctor Mike Evans explaining IBD in with engaging animation.
- [JustlikemeIBD.org](#) – Website for teenagers with IBD.
- [PedsIBD.org](#) – Pediatric IBD Foundation – Information on Inflammatory Bowel Disease (IBD) for teenagers, parents, and physicians.
- [MovieGI](#) – Select the 'Inflammatory Bowel Disease' video.
- [You and IBD](#) – Website with videos/animations which helps explain IBD.

Resources For Healthcare Professionals:

- [Canadian Association of Gastroenterology Clinical Practice Guideline for the Medical Management of Pediatric Luminal Crohn's Disease](#) – 2019 Article
- [Enteral Nutrition as First Line Therapy in Treating Children and Adolescents with Crohn's Disease](#) – North American Society For Pediatric Gastroenterology, Hepatology, & Nutrition (NASPGHAN)
- [Monitoring Disease Activity in Pediatric IBD Patients](#) – NASPGHAN
- [New people, not patients: A source book for living with inflammatory bowel disease](#) – Book
- [Pediatric Inflammatory Bowel Disease - Evaluation and Management](#) – NASPGHAN
- [Transitioning a Patient with IBD from Pediatric to Adult Care](#) – NASPGHAN (Checklist)
- [Understanding Crohn's disease: Written by doctors for kids](#) – Book for Children
- [Understanding Ulcerative Colitis: Written by doctors for kids](#) – Book for Children
- [Your child with inflammatory bowel disease](#) – A family guide for caregiving - Book
- [You're bigger than it: Coping with IBD](#) – Book for Children

Books from the [Family Support and Resource Centre](#) can be borrowed for free and are available to all BC residents. Books can be picked up in person, ordered online, or by phone. The books can even be mailed to your home at no cost.

Disclaimer: The above resources are not meant to replace consultation with your health care provider(s). The inclusion of material on this page is not a statement of endorsement. The content has not been reviewed for its accuracy.