

Anorexia Nervosa In-Patient Care Path

Transfer to Level 12 Transfer to Level 3 Transfer to Level 4 Transfer to Level 5

Stage	Level 1	Level 2	Level 3	Level 4	Level 5
Stage	Stage A	Stage B	Stage C	Stage D	Stage E
Nutrition	<ul style="list-style-type: none"> - 1:1 Meal Support for 1st meal or snack. - Dietician chooses meals and snacks. - Staff set-up meals and snacks, apply spreads, removes lids, and check for completion. - Patient must remain at table: <ul style="list-style-type: none"> Meal: 30 minutes Snack: 20 minutes - Post meal support required: <ul style="list-style-type: none"> Meal: 60 minutes Snack: 30 minutes 	<ul style="list-style-type: none"> - Patient chooses meals and snacks. - Patient removes lids for meals and snacks, and apply spreads. - Staff set-up meals and snacks and check for completion. 	<ul style="list-style-type: none"> - Patient serves own snacks. - Staff serves meals and check for completion. - Patient may leave table early: <ul style="list-style-type: none"> Meal: 15 minutes Snack: 10 minutes 	<ul style="list-style-type: none"> - Patient serves own meals and snacks. - Patient may have afternoon snacks on or off the unit in designated areas of the hospital. 	<ul style="list-style-type: none"> - Patient may choose snack substitutions as available. - Patient may have all lunches on or off the unit in designated areas of the hospital. - Patient may have cafeteria vouchers at lunch. - Patients have morning and evening snack, and dinner on the unit.
Criteria to Progress	Criteria to Progress	Criteria to Progress	Criteria to Progress	Criteria to Progress	Criteria to Progress
Medical/Tests	<ul style="list-style-type: none"> - Patient weighed weekly. - Patient height measured every 2 months. - Vital Signs as per doctors individual doctor's orders. - Blood Work as per individual doctor's orders. - Additional medical monitoring as per individual doctor's orders. 				
Activity	<ul style="list-style-type: none"> - Patient remains on the unit with minimal physical activity 	<ul style="list-style-type: none"> - Patients may be eligible for one ten minute outside time per day with others between 12:00-12:30 in designated areas of hospital grounds (age, parental consent and MH Act dependant). 	<ul style="list-style-type: none"> - Patients may be eligible for one outside 15 minute time per day with others between 12:00-12:30 in designated areas of hospital grounds (age, parental consent and MH Act dependant). 	<ul style="list-style-type: none"> - Patients may be eligible for one outside 20 minute time per day with others between 12:00-12:30 in designated areas of hospital grounds (age, parental consent and MH Act dependant). 	<ul style="list-style-type: none"> - Patients may be eligible for one outside 30 minute time per day with others between 12:00-12:30 in designated areas of hospital grounds (age, parental consent and MH Act dependant).
Passes	<ul style="list-style-type: none"> - No passes. 	<ul style="list-style-type: none"> - Patient assessed for readiness for passes with parents on weekdays and after dinner. Passes begin with in-between passes, progressing to snacks and then meals. 	<ul style="list-style-type: none"> - Patient assessed for readiness for 24-48 hour passes with family on weekends. 		
Parent Responsibility	<ul style="list-style-type: none"> - Attend family meetings - Watch Meal Support Video - Meet with Dietician. 	<ul style="list-style-type: none"> - Complete minimum of one supported meal and one supported snack with staff prior to any snack and meal passes offered. 	<ul style="list-style-type: none"> - Parents required to bring one prepared meal for themselves and their child to be eaten with staff on the unit 	<ul style="list-style-type: none"> - Parents in collaboration with team decides when patient has met criteria to progress 	<ul style="list-style-type: none"> - Parents in collaboration with team decides when patient has met criteria to progress
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